



UGSA 2025 ASM Workshops Program

WEDNESDAY 1 OCTOBER 2025

VAGINAL SURGERY WORKSHOP

Room TBA

About this workshop:

This hands-on workshop will help you hone your vaginal surgery skills with stations using models covering vaginal hysterectomy, sacrospinous fixation/sacrospinous hysteropexy, Manchester repair and colpocleisis.

There will be discussion on indications, outcomes, pros and cons of each technique. You will work in small groups rotating between each station, to learn tips and tricks from practitioners who routinely perform these procedures.

By the end of the workshop, delegates will learn to:

1. Identify when surgery is indicated for prolapse.
2. Learn how to counsel patients.
3. Learn how to individualise choice of procedure.
1. Identify the advantages and disadvantages of vaginal surgery.

Workshop Facilitators & Faculty

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| <ul style="list-style-type: none">• Dr Jenny King | <ul style="list-style-type: none">• Prof Geoff Cundiff• Dr Tim Dawson• Dr Ed Ribbons• Dr Jackie Hawley |
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Program:

1230 - 1300	Registration & Lunch
1300 - 1310	Welcome & Introduction
1310 - 1330	Vaginal Hysterectomy
1330 - 1350	Manchester Repair
1350 - 1410	Colpocleisis
1410 - 1430	Sacrospinous Ligament Fixation
1430 - 1500	Afternoon Tea Break
1500 - 1700	Hands on Workshops



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SEXUAL FUNCTION WORKSHOP

Room TBA

About this workshop:

This workshop will provide physicians, trainees, and advanced practice providers with multi-disciplinary treatment options (medical management, sex therapy, and pelvic floor physiotherapy) for patients with sexual dysfunction and pelvic floor disorders. We will also review how pelvic floor reconstructive surgery affects sexual function in patients.

The workshop facilitators will include 2 urogynaecologists, a gynaecological endocrinologist, a clinical psychologist, and a pelvic health physiotherapist.

By the end of this workshop, attendees will learn to:

1. Define classification of female sexual dysfunction and common sexual complaints in a urogynaecology practice
2. Review the role of sex therapy and pelvic floor physiotherapy in treatment of female sexual dysfunction for patients in urogynaecology.
3. Discuss evidenced based medical management of female sexual dysfunction including pain disorders and female sexual interest and arousal disorder (FSIAD)
4. Review the evidence on how Urogynaecological surgeries affect sexual function in patients.

Workshop Facilitators & Faculty

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| <ul style="list-style-type: none">• Danielle Antosh• Cheryl Iglesias | <ul style="list-style-type: none">• Anna Fenton• Amy Montague• Niamh Clerkin |
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Program:

1230 - 1300	Registration & Lunch
1300 - 1315	Welcome And Introduction
1315 - 1330	Classification Of Female Sexual Dysfunction and Prevalence in Patients with Pfds
1330 - 1400	When to Refer to a Sex Therapist
1400 - 1440	FSD In Menopause and Medical Management
1440 - 1450	Afternoon Tea
1450 - 1530	How Surgeries Affect Sexual Function
1530 - 1600	Treatment Of FSD From A Pelvic Physiotherapy Perspective
1600 - 1700	Case Presentations and Discussions



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WEDNESDAY 1 OCTOBER 2025

URODYNAMICS WORKSHOP

Room TBA

About this workshop:

Designed for the novice urodynamicist and the seasoned expert alike, our urodynamics workshop includes didactic teaching, hands on training and test interpretation under the guidance of our local & international faculty. We welcome industry sponsors who bring a wealth of experience in the field of urodynamic studies.

Don't pass up this opportunity to immerse yourself in an afternoon of urodynamics!

After completion of the workshop, delegates will be able to:

1. Complete the setup of the urodynamics equipment and to complete basic troubleshooting
2. Provide a safe and comfortable environment for patients undergoing urodynamic studies
3. Understand the sequence of testing during urodynamic studies
4. Understand the indications for urodynamic testing and how they may influence their treatment options
5. Interpret uncomplicated urodynamic study traces

Workshop Facilitators & Faculty

- Bernadette Brown
- Swati Jha
- Lucy Bates
- Xiamin Liang

Program:

1230 - 1300	Registration & Lunch
1300 - 1310	Welcome and Introduction
1310 - 1325	Urodynamic studies: do they influence our treatment options and outcomes? Swati Jha
1325 - 1340	Abnormal bladder function: incontinence and voiding dysfunction - Bernadette Brown
1340 - 1350	Uroflowmetry and urethral pressure profile - Xiamin Liang
1350 - 1410	Filling and voiding CMG - Lucy Bates
1410 - 1430	Artefacts and how they affect your study - Swati Jha
1430 - 1445	Afternoon tea
1445 - 1615	Practical hands-on session
1615 - 1645	Small group case discussions - UDS traces and potential management challenges
1645 - 1700	Q&A
1700	Workshop Close



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WEDNESDAY 1 OCTOBER 2025

PELVIC FLOOR ULTRASOUND WORKSHOP (Offsite)

Location TBA

About this workshop:

This workshop is designed to familiarize participants with the basic methodology and clinical uses of pelvic floor imaging using 2D and 3D/4D ultrasound technology. This will include the assessment of sling and mesh implants, and the diagnosis of maternal birth trauma. Live scans will demonstrate common findings and basic technique.

By the end of this workshop, attendees will learn to:

1. Understand the basic methodology of transperineal pelvic floor ultrasound imaging.
2. Use Pelvic Floor Ultrasound for the evaluation of lower urinary tract and bowel symptoms, including urinary incontinence, pelvic organ prolapse, imaging of slings and meshes and obstructed defecation.
3. Diagnose maternal birth trauma and understand its epidemiology, aetiology and pathophysiology, clinical significance, prevention and treatment.

Workshop Facilitators & Faculty

- Peter Dietz

Program:

1230 - 1300	Registration & Lunch
1300 - 1330	Imaging in Prolapse
1330 - 1400	Live Scan
1400 - 1420	Afternoon tea
1420 - 1510	Imaging of Slings & Meshes
1510 - 1540	Levator and Anal Sphincter Trauma
1540 - 1610	Live Scan
1610 - 1620	Conclusion and Discussion



UGSA 2025 ASM Workshops Program

THURSDAY 2 OCTOBER 2025

VULVAL DISORDERS FOR UROGYNAE WORKSHOP

About this workshop:

Vulval Disorders for Urogynaecology - Assessment and management of vulval disorders for the Urogynaecologist including the red flags you don't want to miss.

This 1/2-day Interactive Multidisciplinary Workshop will cover the assessment and management of vulval disorders for the Pelvic Floor Specialist. Our faculty of dermatology, urogynaecology and gynaecology subspecialists will guide you through the normal to the benign and help you to recognise the red flags of premalignant and malignant conditions. In an interactive forum, the team will share tips and tricks of assessment and management including biopsy techniques, and demystify the lotions and potions of vulval care.

By the end of this workshop, attendees will learn:

1. Assessment of the vulva as part of the pelvic floor examination
2. Management of common benign vulva skin disorders
3. Identification of red flag disorders – Premalignant and Malignant – When to biopsy and refer.

Workshop Facilitators & Faculty

- Felicity Gould
- Alice Rudd
- Rosie McBain
- Ruth Cameron-Jeffs

Program:

0730 - 0800	Registration
0800 - 0805	Welcome and Introduction
0805 - 0820	The Normal Vulva
0820 - 0840	Incontinence, Prolapse, Hormones and the Vulva
0840 - 0900	The Lichens - The Itches
0900 - 0920	Vulval Infections and Sore Vulvas
0920 - 0940	Malignancy of the Vulva
0940 - 1000	Morning Tea
1000 - 1020	What is that Spot?
1020 - 1050	Vulvodynia and Central Sensitisation of the Vulva
1050 - 1110	The Vulval Biopsy - Dermatologist and Oncologist
1110 - 1140	Case Presentation and Discussion - Panel Session
1140 - 1150	Q&A
1200	Workshop Close



UGSA 2025 ASM Workshops Program

THURSDAY 2 OCTOBER 2025

SIMULATION AND TRAINING IN FEMALE STRESS INCONTINENCE SURGERY WORKSHOP

About this workshop:

Stress Urinary Incontinence is a common condition with multiple surgical treatment options, each with differing patient outcomes. Following recent increased scrutiny; the hitherto gold standard in treatment mid urethral slings have lost popularity, with patients becoming mesh averse and requesting traditional procedures.

As such, the landscape in stress incontinence surgical management has undergone significant change, with physicians encountering steep learning curves due to decreased exposure to traditional surgical procedures. The application of surgical simulation aims to improve surgical performance and patient outcomes.

This workshop is targeted at fellows and young consultants providing an overview of management of stress urinary incontinence and the practical enhancement of surgical training.

Workshop Facilitators & Faculty

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| <ul style="list-style-type: none">• Ruchi Singh• Lucy Bates | <ul style="list-style-type: none">• Fiona Bach• Lin Li Ow• Tim Dawson• Jenny King |
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Program:

0730 - 0800	Registration
0800 - 0808	Role of simulation-based training in surgery and how we can apply it in incontinence surgery - Ruchi Singh
0808 - 0820	Anatomy of the pelvic floor and pathophysiology in the context of surgical treatment of stress urinary incontinence - Lucy Bates
0820 - 0832	Role of urodynamics in Female stress incontinence. Trends in management of SUI and Counselling and consenting the patient for the procedure - Lin Li Ow
0832 - 0844	Beyond complications and getting it right the first time:- Choosing the primary procedure current credentialling guidelines, audit and decision-making aids - Fiona Bach
0844 - 0916	Procedure Specific Video Presentations
0916 - 0945	Morning Tea
0945 - 1145	Hands-On Workshop Breakouts
1145 - 1200	Conclusion and workshop evaluation



UGSA 2025 ASM Workshops Program

THURSDAY 2 OCTOBER 2025

PESSARY WORKSHOP

About this workshop:

Pessary management is an important skill in the conservative management of pelvic organ prolapse. This half day interactive workshop is designed for all healthcare professionals involved in pessary fitting and assessment, to improve clinical skills and confidence. The workshop will cover clinical assessment of prolapse including levator avulsion injuries, common pathology findings to be aware of, management of pessary complications, as well as the role of nurse specialists and physiotherapists in the management of patients with pessaries.

A hands-on practical session with pelvic models and different pessary types as well as the use of case studies will assist with building confidence in the pessary management of vaginal prolapse.

Delegates who participate in this workshop will gain:

1. An understanding of the clinical assessment of prolapse including levator avulsion, and an overview of what pessaries are most appropriate in different clinical situations.
2. Guidance in the identification of vulval and vaginal pathology, as well as the management of pessary complications.
3. Insight into the role of physiotherapists and nurse-led clinics in pessary management including credentialling processes.

Workshop Facilitators & Faculty

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| <ul style="list-style-type: none">• Niki Dykes | <ul style="list-style-type: none">• Duncan Shannon• Yu Hwee Tan• Melissa Davidson• Emily Bye• Lauren Peckett• Xu Cui |
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0730 - 0800	Registration
0800 - 0810	Welcome and Introduction
0810 - 0830	Clinical assessment of Prolapse
0830 - 0850	Vaginal and Pelvic Pathology
0850 - 0910	Setting up a nurse-led pessary service including credentialling
0910 - 0930	The role of a physiotherapist in pessary fitting
0930 - 0950	Management of Pessary Complications
0950 - 1010	Morning Tea Break
1010 - 1030	POP and SUI Pessaries
1030 - 1050	Recommended Practice for Pessary Care and Self-Management
1050 - 1200	Practical Sessions with Pelvic Model and Case Studies



UGSA 2025 ASM Workshops Program

THURSDAY 2 OCTOBER 2025

ROBOTIC VERSIUS / HYBRID LAPAROSCOPY WORKSHOP (OFFSITE)

Location TBA

About this workshop:

This Robotic Versius/Hybrid Laparoscopy Workshop for Burch Colpo Suspension and Vault Suspension: Sacrocolpopexy & Pectopexy offers a focused exploration of advanced pelvic organ prolapse repair techniques using robotic and hybrid laparoscopic approaches. Emphasis will be placed on anatomical landmarks, procedural steps, and operative tips for Burch colposuspension, sacrocolpopexy, and pectopexy.

The workshop also includes strategies for managing retropubic bleeding and incorporates a colorectal perspective on posterior compartment prolapse, including ventral rectopexy. Designed for surgeons aiming to refine their skills in minimally invasive pelvic reconstructive surgery, this session bridges anatomical insight with robotic and hybrid technique mastery.

By the end of this workshop, attendees will learn to:

4. Understand the anatomy of the major constituents of urethral and pelvic organ support represented by the Arceus Tendineus Fascia Pelvis, the paravaginal support, the Levator Ani muscles, the cardinal and uterosacral ligaments and pectineal ligament.
5. Understand the basis/rationale and surgical steps of SUI cure by Burch Colpo suspension.
6. Understand the basis/rationale and surgical steps of POP cure by Sacro colpopexy and Pectopexy
7. Practice the surgical steps of Burch Colpo suspension on a laparoscopic/robotic simulator.
8. Practice the surgical steps of Sacro colpopexy on a laparoscopic/robotic simulator.

Workshop Facilitators & Faculty

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| <ul style="list-style-type: none">• Dr Harpreet Arora | <ul style="list-style-type: none">• Dr Deepa Gopinath,• Dr Dan Krishnan,• Dr Henry Cheung,• Dr Vincent Tse• Dr Edward Robbins |
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UGSA

2025 ASM

Te Pae, Christchurch NZ | 1-4 Oct 2025

Options
Opinions
& Outcomes

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Program:	
0730 - 0800	Registration
0800 - 0810	Welcome & Introduction - Harpreet Arora
0810 - 0820	Anatomical Basis and Techniques of Burch Colpo Suspension - Harpreet Arora
0820 - 0830	Anatomical Basis with Tips and Tricks for Sacro Colpopexy - Deepa Gopinath
0830 - 0840	Management Of Bleeding in Retropubic Space - Dr Dan Krishnan
0840 - 0850	Colorectal Perspective for Posterior Prolapse with Ventral Rectopexy - Dr Henry Cheung
0850 - 0900	Anatomical Basis and Technique of Pectopexy – Dr Vincent Tse
0900 - 0940	Hands On Demonstration: Surgical Steps Required for Robotic Colpo Suspension Harpreet Arora & Dan Krishnan
0940 - 1020	Hands On Demonstration: Technical Training on Simulator for Laparoscopic Pectopexy – Dr Vincent Tse
1020 - 1100	Hands On Demonstration: Technical Training on Simulator for Laparoscopic Sacrocolpopexy - Dr Deepa Gopinath
1100 - 1100	Morning Tea Break
1110 - 1150	Hands On Demonstration: Technical training on simulator for Laparoscopic Rectopexy Henry Cheung & Edward Ribbons
1150 - 1200	Q&A Discussion
1200	Workshop Concludes

The details included in this program are current at the time of publish and is subject to change without prior notice.